

CAREER AND LIFE PLANNING EXERCISE



Assessing Your Family Needs

Choose wisely for a
happy, happy,
happy Family!

Assessing Your Family Needs

Your family's happiness — or lack of it — will have a major impact on your job satisfaction. It's important to consider their needs and interests in your decision-making process.

Objectives:

In this exercise the participant will be able to:

- Complete an assessment based on the family's needs and interests.
- Utilize the assessment tool in their decision-making process to related to quality of life issues.



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How to Use This Tool:

Complete the information fields for various members of your family, then utilize this tool to compare and contrast quality of life considerations for different jobs and communities.

Related Resources

To view resource, click on the desired Title or go to physiciancareerplanning.com and type in the desired title or Resource No. into the "Enter Keyword" field and click search.

TITLE	RESOURCE NO.
Defining Your Values and Life Purpose Statement	E-34
Defining Your Roles and Relationships	E-06
Evaluating Your Needs, Wants and Dreams	E-14



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Significant Other (SO):

(SO) Name:	Occupational Needs:
Describe SO's hobbies, community needs, interests, and desires:	

Children:

Name:	Age:	Interests:	Must Haves:

Schools:

Public	<input type="checkbox"/> Pre-School	<input type="checkbox"/> Elementary	<input type="checkbox"/> Middle School	<input type="checkbox"/> High School
Private	<input type="checkbox"/> Pre-School	<input type="checkbox"/> Elementary	<input type="checkbox"/> Middle School	<input type="checkbox"/> High School
Comments:				

