

# CAREER AND LIFE PLANNING EXERCISE



AIM

## Evaluating Geographic Location

Location, Location,  
Location, surround  
yourself wisely.

# Evaluating Geographic Location

There are many factors that can influence our happiness in any job. This exercise will help you assess how location, climate and even the size of the community may influence your potential happiness.

## Objectives:

By the end of this exercise, the participant will be able to:

- Asses the importance location, size and/or climate may play in their individual level of happiness. They will:
  - Prioritize geographic regions which may influence their happiness.
  - Assess and prioritize how community size may influence their happiness.
  - Identify how climate, geographical features and other factors may influence their individual level of happiness.



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## How to Use This Tool:

1. There are many factors that influence our happiness and need to be considered with any offer.
2. Think about this, if you are really a large city, warm weather person, could you find personal happiness and job satisfaction in a small city in a city with 3-5 months of winter?
3. Use this tool to help you assess how variables like climate, community size, geographic features and location may impact you and your happiness.

## Related Resources

To view resource, click on the desired Title or go to [physiciancareerplanning.com](http://physiciancareerplanning.com) and type in the desired title or Resource No. into the "Enter Keyword" field and click search.

| TITLE  | RESOURCE NO. |
|--|--------------|
| <a href="#">Evaluating Community</a>                       | E-08         |
| <a href="#">Job Selection</a>                              | ST-07        |
| <a href="#">Personal Preferences Vs. Market Conditions</a> | E-16         |



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## Geographic Location:

Location represents an important consideration for many physicians. If you are married or in a serious relationship or have children, this category becomes even more critical from a life and lifestyle perspective.

| Items to Consider  | Your Thoughts   |
|--|---|
| Current place of residence   |   |
| Plans to move to a different location?   | <input type="checkbox"/> Yes<br><input type="checkbox"/> No   |
| If yes, do you know where?   | <input type="checkbox"/> Yes: _____<br><input type="checkbox"/> Not sure  |
| If you're not sure, rank the regions you're considering in order of priority. Consider any family ties or spouse requirements. | Eastern <input type="text"/><br>Southern <input type="text"/><br>Midwestern <input type="text"/><br>Western <input type="text"/>  |
| What size of community would you like to live in? Rank from 1 (most preferred) to 5 (least preferred).                         | Rural <input type="text"/><br>Non-metropolitan (fewer than 50,000) <input type="text"/><br>Metropolitan 1 (50,001 to 250,000; e.g., Boise, Kansas City) <input type="text"/><br>Metropolitan 2 (250,001 to 1,000,000; e.g., Boston, Nashville) <input type="text"/><br>Metropolitan 3 (more than 1,000,000; e.g., Chicago, San Diego) <input type="text"/>  |
| Place a check by any other geographic features that are important to you.  | <input type="checkbox"/> Warm climate<br><input type="checkbox"/> Cold climate<br><input type="checkbox"/> Seasonal climate<br><input type="checkbox"/> By the water<br><input type="checkbox"/> Near mountains<br><input type="checkbox"/> Wide open spaces<br><input type="checkbox"/> Right in the middle of everything<br><input type="checkbox"/> Other:<br><input type="checkbox"/> Other:<br><input type="checkbox"/> Other: |
| What challenges or road-blocks might you encounter with the location decision?   |   |